

## Supporting your child

As a parent or carer there are lots of different ways you can help your child enjoy a positive start to school.

#### Simple tips:

- be ready to support your child
- listen to your child's thoughts about starting school
- make time to talk, read, play and relax with your child
- share your positive feelings about starting school
- practise new routines
- encourage your child to keep trying when something is hard
- assist your child to know how to get help
- meet new children and families before the first day
- celebrate starting school.



Find out more www.qld.gov.au/transitiontoschool transitions@det.qld.gov.au

Photography: Welcome to the Fold and Tony Phillips



# **Better together**

### Helping children enjoy a positive start to school.

*Tips for families to support their children's transition to Prep.* 



## Have you got your transition chatterbox?

Ask your school about this free resource when you enrol.

#### Be ready to support your child

Starting Prep is exciting. Talk with your child about how they are feeling and answer any questions they might have.

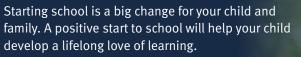
#### Get involved before Prep starts

Having a friend can help when starting school. Go to school events, meet other families and set up a play date before school starts.

### **Confidence counts**

Confidence helps children to ask for help, make new friends and enjoy their time at school. Help your child get to know their new teacher and school. Talk together about what Prep will be like.





Families play a significant role in supporting the transition to school. Here are some simple tips for supporting your child at this important time.

#### Encourage your child's independence

Independence supports children to join in at school. Help your child practice putting their shoes and socks on and taking them off and using their lunchbox by themselves.

#### Make time to talk, rest and play

Prep is busy and full of new and exciting things to learn and do. Making time for children to rest, play and talk about school supports their health and wellbeing.

#### **Celebrate together**

Starting school is a big deal! Help your family find their own way to celebrate. Take a photo on your child's first day and put it on the fridge.

### What else can I do?

- Ask your kindergarten teacher about the transition to school.
- Make a time to chat with your new school.
- Check out www.qld.gov.au/transitiontoschool for more information.

