Saturday, 6 September, 2014
Bookings/Info:
Book Now: It'll be a laugh a minute!
Brymaroo Rodeo Grounds at 7pm
bookings of 10 per table. Pre
Tickets $40
music and licensed bar until 1am. Group
Admission restricted to adults 18+ only.
Belinda Wilson 4692 7796
comedians courtesy of The Comedy Empire…
premier
humour as we host three of Australia’s
Join us for a night of fun, frivolity and cheeky
Quinalow State School
Camping available.
Belinda Wilson 4692 7796
Friends of the Woolshed
Old Time Dance
At Jordanyan Woolshed in Flagstone Creek Hall
Date: 14 June: 8:00pm–12 midnight
Band: Diamonds
Cost: Adults $10 Children (5-15) $5
under 5 FREE
Includes supper; lucky door; Monte Carlo; lucky spot;
MILK BOTTLE TOPS WANTED

FOR THE PRINCIPAL’S DECK
Building Resilience

All parents want what is best for their children. Sometimes though, in our endeavour to protect our children, we take
control of a situation, and make decisions, that are not always in our child’s best interest.

Michael Grose (Parenting Educator) talks of 7 resilience robbers that reduces a child’s development of

ROBBER 1 - Fight all their battles for them
This should be the last resort not the first option. We want our children to have strategies that will help them manage
difficult situations.

Solution: Give kids the skills and opportunity to develop their own resourcefulness. Remember there are always 2 sides to a
story. Be the consultant not the problem-solver.

ROBBER 2 - Make their problem your problem
Sometimes adults can take too much responsibility for issues that are really up to the child to work out or decide.

Solution: Know when to make their problem their problem.

ROBBER 3 - Give kids too much voice
It is easy to go overboard and allow children too much of a say in what happens to them. Remember you are the adult.

Solution: Know when to make decisions for kids and expect them to adjust and cope.

ROBBER 4 - Put unrealistic or relentless pressure on kids to perform
Expectations about success and achievement are important but they must be realistic.

Solution: Keep expectations in line with a child’s ability. Excessive pressure can create mental health issues.

ROBBER 5 - Let kids give in too easily

Solution: Encourage kids to complete what they have started and put in the best effort even if the results aren’t perfect, nor the task significant.

ROBBER 6 - Neglect to develop independence
By teaching kids the skills to look after themselves you are setting them up for life. Start early. Kids who have a sense of
independence (but family readily available) feel good about themselves and their abilities.

Solution: As a parent if you weren’t around what skills would you like your child to have e.g. for younger – dressing
themselves, making something simple to eat, washing up, unpacking their school bag;; for older – making their school
lunch, cooking, clearing, using appliances.

ROBBER 7 - Rescue kids from challenging or stretching situations
When things are outside the comfort zone we tend to want to avoid them e.g. doing a presentation in front of others, school camp. When you
show confidence in a child and skill them up to face challenges you will not only help them to cope but their abilities may even surprise them.

Solution: Overcoming challenges enables kids to grow and improve. In life there are many hardships that occur at any age. By skillling up a
child to deal with them effectively you will create independent children that are mentally strong and resilient, and so able to enjoy life no matter
what is put in their path. Isn’t that what we want for all our children?

Adapted from Resilience Robbers by Michael Grose.
Have a great week, Scott Pacey, Principal.

Term 2 2014 — 28th May 2014

Calendar of Events

Thursday 29th May — 5th June Book Fair—before & after school
Friday 30th May FREE DRESS DAY donation for Hospice
Monday 2nd June P&C Meeting— 5:30pm

Quinalow State School
Comedy Gala
Join us for a night of fun, frivolity and cheeky
humour as we host three of Australia’s premier
comedians courtesy of The Comedy Empire…

Saturday, 6 September, 2014
Brymaroo Rodeo Grounds at 7pm
Tickets $40 includes gourmet nibbles, live
music and licensed bar until 1am. Group
bookings of 10 per table. Pre-paid tickets only.
Book Now: It’ll be a laugh a minute!
Admission restricted to adults 18+ only.
Bookings/Info: Nat Collins 4692 1314 or
Belinda Wilson 4692 7796
Congratulations to the following students for the great job they have done at school during last week. Bravo and keep up the good work!

Students of the Week

Trent – 4/5A, Jodann
T2
4B, Bradley, Anna
6A
7A, Brock, Abby
Green Words: Gabriel, Lockie, Matthew, Loteena, Harrison

We are excited to announce that we have a Book Fair coming this week to our school library! On sale will be a great range of books as well as novelty pencils and rubbers. A percentage of all the money spent at the Book Fair comes back to our school in the form of a commission.

The book fair will be open for purchases before and after school from Thursday for a week. (except for Tuesday after school). Payments can be made by EFTPOS and credit card as well as cash. All students will have a chance to have a look at the books on sale. We encourage parents to visit with their child but if you cannot make it to the book fair you can fill out the payment details on the back of your child’s wish list and have them return it to the library. Books in stock will be available for immediate purchase. If we run out of stock, we can order extra copies in for you.

Below Left: Reading Awards were presented to students from Year 6

**TUCKSHOP NEWS**

Tuckshop operates every MONDAY & FRIDAY. All orders are to be handed into the tuckshop by 8:45am

Orders are to be written on a brown paper bag—separate bags to be used for each meal break. Please include name, class, and for which break on the bag.

**ART & PHOTOGRAPHIC COMPETITION**

Here’s an opportunity to show your creative talent! The Uniting Church, John Street, Oakey, in conjunction with their annual fete are holding an art & photographic competition.

**FREE entry; limit of 2 entries per person. Winners will be by popularity vote—peoples choice**

- Year 1 – 7 Art Competition
- Year 1 – 7 Photographic display / competition — depicting people or landscape
- Amateur Photographic display / competition

All Entries must have a name & phone number on the back of the entry.

Entries can be dropped off at the Oakey Uniting Church on Friday 30th May from 3-4pm or Sat 31st from 8-9am

Oakey Uniting Church Fete—9:30-2:00pm
Saturday 31st May, 2014

Parent Workshops: 9:00—9:15 am on Tuesday 27th, Wednesday 28th May & Tuesday 3rd and Wednesday 4th June.

**Chappy’s Chatter**

Welcome to this week’s Chappy’s Chatters. The Chaplaincy service here in the Oakey State School and High School is supported by 3 areas of financial support. First there is the National School Chaplaincy / Student Welfare Program (Federal Funding) and then there is support from the State Government for low socio economic schools and finally there is community support. To enable the Oakey Chaplaincy Team to continue the service, various fund raising strategies have been adopted and this week we have a fun activity (Sc Trains) for all the classes to be involved in. Each class is given a picture of a train with carriages and students bring in what ever loose change they are given by their parents to fill in their trains. The class that raises the most money will receive a session of fun activities, facilitated by Chappy Sharon and I and also an ice block. All funds raised will go towards helping to continue the Chaplaincy service within the schools. So if you see your children looking for loose change behind the lounge cushions, now you know what it is all about. Thank you for your support in advance. Have a grand week.

Justin Trigg—Chappy.

**WANTED** Please save your milk bottle, sauce bottle caps & pressure can tops. All sorts of caps wanted to be used for craft. All caps & tops can be left at the school office.

**SUN SAFETY** is IMPORTANT NO Hat—NO Play! NO Caps allowed—Broad brimmed or Bucket hats only. Please label ALL your Child’s possessions.