Students look on for the arrival of our baby calves. The calves are bottle fed by the students in the morning and afternoons. Swiss Brown Cross calves, Rosette and Nellie are 5 weeks old and are getting lots of attention from all the students.

Dear Students, Parents and Community,

Currently we have a lot of students with symptoms of the flu. We highly recommend that if your child has a cold, cough or is just feeling unwell that you take them to a doctor and get medical advice.

I have included an article about steps parents and carers can take to reduce the possibility of others being affected.

Tips for taking care of children with the flu

Stay home if you or your child is sick until at least 24 hours after there is no longer a fever or signs of a fever (without the use of fever-reducing medicine). Keeping sick students at home means that they keep their viruses to themselves rather than sharing them with others. Stay home even if taking antiviral medicines.

Cover coughs and sneezes. Clean hands with soap and water or an alcohol-based hand rub often and especially after coughing or sneezing.

Keep sick household members in a separate room (a sick room) in the house as much as possible to limit contact with household members who are not sick. Consider designating a single person as the main caregiver for the sick person.

Monitor the health of the sick child and any other household members by checking for fever and other symptoms of flu. A fever is a temperature taken with a thermometer that is equal to or greater than 37.8 degrees Celsius. If you are not able to measure a temperature, the sick person might have a fever if he or she feels warm, has a flushed appearance, or is sweating or shivering.

From the Principal's Desk
Dave Bosworth

Sickness is spreading

At the moment there have been quite a few cases of illness and flu at the school. It is advised that if your child is showing symptoms it is best to keep them home to avoid spreading the virus. If you are keeping your child/ren at home due to illness or for any other reason, please let the school know. The best remedy for recovery from illness is plenty of rest and fluids (water). Good hygiene like washing hands regularly and using clean tissues also helps prevent further spreading of bugs.

Calendar of Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Tues 14 Aug</td>
<td>West Zone Athletics, Toowoomba</td>
</tr>
<tr>
<td>Wed 15 Aug</td>
<td>Girls ‘Come &amp; Try’ Rugby League</td>
</tr>
<tr>
<td>Wed 22 Aug</td>
<td>Year 2 Amaroo Excursion Prep Health checks</td>
</tr>
<tr>
<td>Thurs 23 Aug</td>
<td>Year 3 &amp; T2 Amaroo Excursion Prep Health checks</td>
</tr>
<tr>
<td>Mon 27 Aug</td>
<td>Year 1 &amp; T1 Amaroo Excursion</td>
</tr>
<tr>
<td>Fri 31 Aug</td>
<td>Prep Amaroo Excursion</td>
</tr>
</tbody>
</table>

School Arrival and Departure

In the interest of supervision and safety, children are not to arrive at school before 8:30 am and should be collected/ have left the school grounds no later than 3:15pm each day. No supervision of students is offered before or after school. Our staff is extremely busy in the mornings and afternoons with curriculum preparation, meetings and administration tasks, and are therefore not available to supervise early arrivals or late departures. Thank you for your support and understanding; it is greatly appreciated.
The students who have shown exemplary behaviour so far this year, who did not go to the V8’s, participated in Oakey’s own “Amazing Race”. Students were paired up for their teams and after a lap of the oval were given their first clue, - - "Old MacDonald had a farm ee, ii, ee, ii, o! And on that roof he had a clue…" Off they ran to the cows’ shed and found their next clue.

The race wound its way through flag identification, puzzles, photographs, measuring, card house building, singing and book discoveries. All students loved the challenges, even though some were hard.

And the winners of the Amazing Race were brother and sister team, Tyson & Stacey Hetherington.

Mrs Johnson and
Mrs Sugden

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Mrs Johnson and
Mrs Sugden

TUCKSHOP NEWS
We have a new Tuckshop Convenor! Miss Jo Watson will be taking over from Trish. The P&C and school community would like to take this opportunity to thank Trish for her hard work and dedication during her time as Tuckshop Convenor.

RELIABLE VOLUNTEERS URGENTLY REQUIRED. Tuckshop is still looking for volunteers to assist on Wednesday, Thursday or Friday. If you are available to help, please phone Jo - 0435 837 661.

If you are rostered on and are unable to make it please advise Jo ASAP, so that other arrangements can be made to ensure the Tuckshop runs smoothly.

VRUM VRUM—WHAT A GREAT DAY
Last Friday 95 of our Year 4 to 7 students were down to Queensland Raceway for a FREE day out at the V8 Supercars. They had a great time managing to see lots of the practice sessions from the V8’s, the Touring Car Masters, the Dunlop Series V8’s, the Formula Fords and the Formula 3’s. They also managed to say hello to Craig Lowndes and see some other drivers as well. This was a reward for not having a RTR all year so far and those students who were not picked out of the hat to go did get to have a fun day at school doing an ‘Amazing Race’ organised by Mrs Johnson and Mrs Sugden and being allowed on the computers as well. WELL DONE TO ALL THOSE STUDENTS WHO HAD NOT HAD A RTR, you deserved a special reward.

TOOWOOMBA REGIONAL COUNCIL FREE BBQ
Residents are invited to meet Toowoomba Regional Councillors to discuss issues over a free BBQ from 4:30 pm to 6:30 pm on Thursday, 16 August at the Oakey Service Centre. This informal get together with residents will conclude a day of Councillors’ visits to council facilities in Oakey as part of the Councillor’s Regional Inspection Program. Council is particularly interested in how individual communities wish to continue to communicate with Council.

Live Well with Asthma Control Packs
Live Well with Asthma Control Packs are a new patient education resource available for people with asthma. Developed in partnership with Queensland Health, Asthma Foundation Queensland provides Live Well with Asthma Control Packs free of charge to help people with asthma take control of their condition. Each pack contains the following resources:

- Live Well with Asthma DVD
- Asthma Action Plans
- Asthma First Aid Poster and Fridge Magnet
- Asthma Medications Brochure
- Asthma and Under 5’s Brochure
- Asthma and Seniors Brochure
- Asthma Assist Brochure

To order a Live Well with Asthma Control Pack, please call Asthma Assist on 1800 645 130.

Kids’ Club
Want something to do after school on Thursday afternoon?
Children aged from 7—12 years are invited to an afternoon of fun, games, singing and stories. If you would like your child to enjoy a fun filled afternoon, then bring them along to the Oakey Uniting Church Hall, John Street, Oakey. Sessions from 3:30 pm to 5:00 pm.

Interested or you’d like more information, then please phone: Rev. Dave Dix on 4691 1880

We read, anywhere, any time
Last year for National Literacy Week, Oakey staff had their photo taken reading in a range of places and situations. This year the challenge is being sent out to the students. Ask a friend or a parent to take your photo while you are reading on a trampoline, in the park, on a horse, etc. We do not want any dangerous situations but a lot of fun photos. They will be displayed in the office area. Please leave paper copies with the office staff or bring to Mrs Garthe in the Resource Centre. Digital photos can be emailed to ngart1@eq.edu.au.

GREAT DAY
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Time for a Laugh!
I always find that the first 5 days after the weekend are the hardest.

Q: What do birds need when they are sick?
A: A tweeter

Q: How do you make a tissue dance?
A: Put a little boogey in it!